

Remember to
check our specials
board !!!

sea salt & vine

BREAKFAST MENU

Breakfast available 7.00am until 11.15am

Order at café register or from Table QR Code



SOMETHING LIGHT

HAM & CHEESE CROISSANT – filled with leg ham & melted tasty cheese.....	12
CROISSANT - served toasted w/ butter & jam.....	8
BANANA BREAD toasted & sprinkled with icing sugar, served with butter.....	8
FRUIT TOAST - two slices of café style fruit toast with butter.....	8
TOAST (GFO) – two pieces of sourdough with your choice of spread (vegemite, jam preserves, peanut butter, honey).....	8
BACON & EGG BURGER (GFO) 'Brekkie on the run' – bacon & egg, cheddar cheese, tomato relish served in a milk bun.....	16
BLT (GFO) – crispy bacon rashers, tomato, lettuce, beetroot chutney & aioli on toasted ciabatta.....	16
Add Avocado to BLT.....	19

SOMETHING SWEET

GRANOLA (V) – House made granola layered with Greek yogurt served with seasonal fresh fruit.....	16
PANCAKES (V) – w raspberry compote, vanilla mascarpone, passionfruit curd and a coconut and white chocolate crumble topping.....	22
AMERICANA FRENCH TOAST – toasted brioche bread dipped in a sweet egg mix served with crispy bacon, fresh banana, & maple syrup.....	22

KIDS OPTIONS

BACON & EGG ON TOAST (GFO)	12
PANCAKES – served with ice cream and maple syrup.....	12
FRUIT AND YOGHURT – fresh fruit & vanilla yoghurt.....	11

SIDES

Crispy bacon.....	7	Baked Beans.....	5
Poached eggs.....	7	Wilted spinach.....	5
Hash brown.....	4	Roast cherry tomatoes...6	
Pork Chipolatas.....	6	Hollandaise sauce.....	3
Roasted mushroom.....	6	Smashed Avocado.....	6
Grilled Haloumi.....	7	Smoked Salmon.....	8

All Sides to be served with a main meal

Please notify staff of any dietary requirements.

BREAKFAST MAINS

EGGS ON SOURDOUGH (V,GFO) – two eggs served poached, scrambled or fried served on toasted sourdough.....	14		
BACON AND EGGS (GFO) – rashers of bacon, with poached, fried or scrambled eggs served on toasted sourdough.....	18		
EGGS BENEDICT (GFO) –poached eggs & baby spinach with your choice of the following on toasted sourdough topped with hollandaise			
Crispy Bacon	22	½ serve.....	15
Mushroom & Avo (v)	24	½ serve.....	16
Smoked Salmon	25	½ serve.....	17
SEA SALT POTATO BENE (GFO) – Golden potatoes topped with crispy bacon, poached eggs & spinach topped with creamy hollandaise sauce.....	24		
CAPRESE CORN FRITTERS (V) (GFO) – corn fritters, green pesto, tomato bruschetta, grilled haloumi & fresh rocket.....	22		
BREAKFAST BURRITO Cheesy scrambled egg, beef patty, chorizo, bacon, tomato, spinach and siracha mayonnaise in a toasted tortilla.....	21		
SEA SALT BIG BREKKIE (GFO) – Bacon rashers, house made baked beans, poached eggs, pork chipolata, roasted mushrooms, cherry tomatoes & hash brown on sourdough.....	29		
SMASHED AVOCADO (GFO, VG) – smashed avocado, beetroot hummus, cashew cream, pickled onion, house made dukka on toasted sourdough.....	22		
VEGIE PATCH (V,GFO) – poached eggs, beetroot hummus, cherry tomatoes, roasted mushroom, avocado & wilted spinach served on toasted sourdough.....	26		
Served with grilled haloumi.....	+5		
LAMBS FRY (GFO) – lambs liver cooked in a braised shallot jus, served with smoked bacon, cherry tomatoes & crispy sage on sourdough toast.....	24		
LAMB & ROSEMARY SAVOURY MINCE (GFO) grass fed lamb in a rich savoury jus, roasted parsnips, spinach, rosemary, toasted sourdough and a fried egg.....	24		
SAUTEED MUSHROOMS (V, GFO) – mixed wild mushrooms, poached eggs, whipped feta, gremolata & rocket on sourdough. Topped with crispy enoki mushrooms.....	23		

Gluten-Free Disclaimer: Although we do our best to prepare gluten-free items safely, we can't guarantee that cross-contamination won't occur. Gluten-free items are made using the same cooking facilities as gluten-containing foods.

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Snack Menu

Available all day until 3.00

- SCONE** – served with jam and house whipped cream.....6
- HAM & CHEESE CROISSANT** – filled with leg ham & melted tasty cheese.....12
- CROISSANT** - served toasted w/ butter & jam.....8
- BANANA BREAD**.....8
Toasted, sprinkled with icing sugar and served with butter
- FRUIT TOAST** - Two slices of café style fruit toast.....8

TOASTIES served on your choice of sourdough, white or brown bread (GF bread available +\$1)

- Leg ham, cheese & tomato.....14
- Chicken, cheese & avocado.....15
- Cheese, basil pesto & tomato.....13
- Additional toastie fillings – cheese, onion, pineapple, tomato, tomato relish.....+1

CAKES & ICECREAM

Check out our yummy selection of cakes available from our cake fridge served with cream

- Scoop Ice-Cream to serve w cakes.....Additional.....2.5
- Two scoops vanilla ice-cream + your choice topping.....5.5

Drinks Menu

Available all day

Cold Drinks

- Orange, Tomato or Apple Juice** – served over ice.....6
- Frappes** - choc, caramel, coffee, mocha, vanilla, lime.....8.5
- Iced Coffee, Chocolate, Chai, Dirty Chai or Mocha**..9.5
All served with ice-cream & cream in a tall glass
- Latte on Ice** – poured over ice served in a tall glass.....7
- Long Black on Ice** – long black over ice in a tall glass.....6

Milk Shakes

- Milkshake**.....8
- Thickshakes**.....12
- Kids Size Milkshake (16oz)**.....5.5
- Kids Size Thickshake (16oz)**.....9
- Flavours:** chocolate, coffee, lime, strawberry, banana, vanilla, caramel

Smoothies

- Banana Berry Smoothie** - Greek yoghurt, ice-cream, dash of honey, milk, banana & berries.....10
- Mango** served w/ice cream, yoghurt, honey & milk.....10
- Lactose Free, Soy Almond, Oat for all cold drinks**.....+1

Fruit Crushes

- Mango Passionfruit Crush** – mango sorbet, passionfruit, orange juice and crushed ice.....10
- Green Crush** – cucumber, spinach, lime, mint, mango sorbet & apple juice.....10
- Summer Fruit Crush** - frozen strawberries, mango sorbet & apple juice.....10

Coffee

	Cup/Sml	Mug/Med	X-Lge
	1 shot	2 shots	3 shots
Flat white/Cappuccino/Latte	5	5.8	6.8
Short Black (1 shot)	4	4	
Long Black (2 shots)	5	5	6
Piccolo	4.5		
Macchiato short (1 shot)	4.2		
Macchiato long (2 shots)	5		
Affogato		7	
Mocha	5.8	6.8	7.8
Hot Chocolate	5	5.8	6.8
Chai Latte	5	5.8	6.8
Dirty Chai Latte	5.8	6.8	7.8
Tumeric Latte	5	5.8	6.8
Babycino	2		
Puppacino	2.5		

Additions:

- Decaf**.....+1
- Extra shot**.....+0.7
- Syrups** - vanilla, caramel, butterscotch, hazelnut+0.7
- Alternative Milk - Lactose free, Soy, Almond & Oat Milk**
Cup/Tea/Sml...0.5 Mug/Med.....1 X/Large...1.2

Tea

- Tea served in a pot for one**.....4.5
- Tea2 Tea Bags** - English Breakfast, Earl Grey, Green, Spice Chai, Peppermint, Lemongrass & Ginger, Chamomile