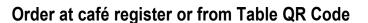
Remember to specials sea salt & vine check our specials Represent !!! board !!!

SOMETHING LIGHT

Breakfast available 7.00am until 11.15am





HAM & CHEESE CROISSANT – fille tasty cheese	
CROISSANT - served toasted w/ butter	& jam7
BANANA BREAD toasted & sprinkled with butter	
FRUIT TOAST - two slices of café style f	ruit toast with butter8
TOAST (GFO) – two pieces of sourdough spread (vegemite, jam preserves, peanut but	
BACON & EGG BURGER (GFO) 'Bre & egg, cheddar cheese, tomato relish serve	
BLT (GFO) – crispy bacon rashers, tomato chutney & aioli on toasted ciabatta	
Add Avocado to BLT	19
SOMETHING SWEET	
GRANOLA (v) – House made granola la served with seasonal fresh fruit	
PANCAKES (V) – w raspberry compote, passionfruit curd and a coconut and white of topping	chocolate crumble
AMERICANA FRENCH TOAST – to dipped in a sweet egg mix served with crisp maple syrup	by bacon, fresh banana, &
KIDS O PTIONS	
BACON & EGG ON TOAST (GFO) PANCAKES – served with ice cream and FRUIT AND YOGHURT – fresh fruit 8	maple syrup10.5
SIDES	
1-7	aked Beans4 ilted spinach5

All Sides to be served with a main meal Please notify staff of any dietary requirement

Roast cherry tomatoes..5

Hollandaise sauce......3

Smashed Avocado......5

Smoked Salmon8

Gluten Free Disclaimer: Though we strive to ensure that our glutenfree items are safe for your diet; we cannot guarantee that crosscontamination between ingredients will not occur. Please be aware that our gluten free meals are cooked and prepared using the same

Hash brown.....3

Chipolatas.....5

Roasted mushroom.....5

Grilled Haloumi......6

cooking facilities as our menu items containing gluten.
EGGS ON SOURDOUGH (V,GFO) – two eggs served poached, scrambled or fried served on toasted sourdough
BACON AND EGGS (GFO) – rashers of bacon, with poached, fried or scrambled eggs served on toasted sourdough17.5
EGGS BENEDICT (GFO) – Crispy bacon, poached eggs & baby spinach on toasted sourdough topped with hollandaise22 ½ SERVE - EGGS BEN BACON15
SALMON EGGS BENEDICT (GFO) – Smoked salmon, poached eggs & baby spinach on toasted sourdough topped with hollandaise sauce
17 SERVE - EGGS BEN SALMON17
VEGETARIAN EGGS BENEDICT (GFO, V) – Avocado, roasted mushroom, rocket & poached eggs on toasted sourdough topped with hollandaise sauce
Swap the sourdough to a house made potato gratin (GF, DF) on any eggs benedict for \$2
SEA SALT BIG BREKKIE (GFO) – Bacon rashers, house made baked beans, poached eggs, honey chorizo chipolata, roasted mushrooms, cherry tomatoes & hash brown on sourdough
SMASHED AVOCADO (GFO, VG) – smashed avocado, beetroot hummus, cashew cream, pickled onion, house made dukka on toasted sourdough
VEGIE PATCH (V,GFO) – poached eggs, beetroot hummus, cherry tomatoes, roasted mushroom, avocado & wiltered spinach served on toasted sourdough
Served with grilled haloumi+5

LAMBS FRY (GFO)— lambs liver cooked in a braised shallot jus, served with smoked bacon, cherry tomatoes & crispy sage on sourdough toast......23

LAMB & ROSEMARY SAVOURY MINCE (GFO) grass fed
lamb in a rich savoury jus, roasted parsnips, spinach, rosemary,
toasted sourdough and a fried egg24

CAPRESE CORN FRITTER (V) (GFO) – corn fritters , green
pesto, tomato bruschetta, grilled haloumi & fresh rocket22

BREAKFAST TACOS (GF)- 3	3 x corn tortillas w/ diced bacon	&
chorizo, bruschetta toppings and	jalapeno crema2	24.5

SAUTEED MUSHROOMS (V, GFO) - mixed wild mushrooms, poached eggs, whipped feta, gremolata & rocket on sourdough. Topped with crispy enoki mushrooms......22.5

BREAKFAST GNOCCHI (VEO) – potato gnocchi, tomato	sugo,
wilted spinach, basil, salsa verde, parmesan, hazelnuts	22